

JASPERS ABROAD

Official Study Abroad Newsletter

Vol. 3, no. 1
Spring 2008

"The way to get started is to quit talking and begin doing."
-Walt Disney

A Semester in Budapest - \$11,695

A Month in Florence - \$5,250.00

Experience abroad - PRICELESS

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CAN'T DECIDE WHERE TO STUDY ABROAD?

Why not study in three countries during one semester?

St. John's University has invited Manhattan College students to be part of its Global Studies programs. Each of these programs allows students to earn 15 credits while immersing themselves in the languages, cultures, and community life of three different countries during one semester.

Discover The World: Europe - gives a student the opportunity to study in Rome, Paris and Dublin or in Rome, Paris and Salamanca.

Discover The World: Latin America - offers Puerto Rico, Costa Rica, and Mexico.

For additional information on these program, please come to the Study Abroad Office, Memorial 420

IF IT'S AUSTRALIA YOU WANT?

AustraLearn offers many exciting, educational programs in New Zealand and Australia. While many courses are offered for Liberal Arts majors, studying communications in Australia or New Zealand gives students an insight into how the communication industries function in other countries. Students will learn how other cultures perceive and utilize communication/media in their daily lives, and see a unique, global perspective on the communications world. Some universities offer a study abroad/internship combination program. <http://www.australearn.org>

HOW ABOUT INDIA?

AIFS is also offering a NEW program at the University of Hyderabad beginning Fall 2008. It is open to juniors and seniors and requires a 3.0 GPA. Courses in English are anthropology, dance, history, Islamic Culture, politics, religion, social science, and women's studies. Students also have the opportunity to take Hindi, Telugu, or Urdu. <http://aifsabroad.com/india/hyderabad>



AN INTERNSHIP IN CHINA?

AIFS is also offering new Business and Urban Planning Internships through Shanghai International Studies University. <http://www.aifsabroad.com/china/shanghai>

OR, MAYBE ASIA?

AsiaLearn is bringing Asia within reach of students from all academic areas with opportunities for study at excellent universities in mainland China, Hong Kong, Malaysia, Singapore, and South Korea. <http://www.asialearn.org>

EDUCATION MAJORS

AIFS, in conjunction with Richmond University in London, is pleased to announce new internship and volunteer opportunities for education majors and/or students interested in pursuing teacher certificate programs.

Teaching assistant positions (full time) and volunteer positions (1day/week) are available as either for-credit internships or volunteer positions through the study abroad program at Richmond University in London.

For additional information, please contact the Study Abroad Office, Mem 420.

DON'T FORGET!!!
MADRID FALL 2008
INFORMATION MEETING
February 6, 2008
4: 30 P.M.
Student Lounge Thomas Hall
next to the ATM Machine



WHAT ARE JASPERS SAYING ABOUT STUDYINGABROAD?

“Studying abroad with the Semester at Sea program is the best decision I have and probably will ever make in my life. It opened my eyes and my heart to the world outside of what I’m used to. The impossible became possible as I did and saw things people wait a lifetime for, most importantly, I discovered the real me.”

-Dayna Arena
Semester at Sea

“Studying abroad in Ireland was definitely the most amazing experience of my life. If I could do it all over again I would in a heartbeat. All the hard work really paid off!”



-Sarah Boyle
Dublin, Ireland

“When you are studying abroad jump into it and have no regrets. Don’t be afraid to embarrass yourself when speaking a new language, because that’s what holds you back.”

-Nella Buffmire
Granada, Spain

“On SAS I learned so much about the world, myself, and what I want in life. Things I don’t think I could have learned by staying in one place. In a Barcelona hostel, I found a great quote in the guest book... “Traveling, if I was to put a label on it, it’s like life a schizophrenic chameleon. It’s a party, it’s an escapist, it’s lonely as hell, and it’s beautiful.”

-Carolyn Amarant
Semester at Sea

“Everything regarding my study abroad experience was amazing; Rome, my apartment and it’s location, the culture, the history, AIFS, and the other students I met on the trip, the Italian language, and of course the cuisine. Going abroad was the best thing I have ever done.”

-Kimberly Tingle
Rome, Italy

Students Studying Abroad Spring 2008

Australia

Mary-Cons Demonteverde, Michelle Flagiello, Sarah Hannah, Alexandra LaPietra, Kristen Meddaugh, Emily Plante, Nichole Polyak, Nicole Tangas, Katie Watt, Philip Clemenza

England

Carlee Cooper, Madeline Moore, Jillian Nannery

Ireland

Emily Sciandra

France

Hillary Gunther, Katelyn Cross, Angela Patnode, Dorothy Sinnott

Italy

Danielle Concialdi, Danielle Deutscher, Dana Rachlin, Phil Vassari, Kristen Wright

Scotland

Thomas Neilan

Costa Rica

Tyler DeVaney, Kara Malone



Spain

Francisca Alvarez, Emily Atwater, Sarah Boland, Albert Brett, Nella, Buffmire, Molly Burke, Madison Cahn, Amanada Connolly, Joseph Donnelly, Stephanie Dunn, Emily Ellett, Nancy Farley, Laura Felton, Christina Giorgetti, Alexandra Joset, Carolyn Lara, Madeline McDonald, Jaclyn Munson, Daniella Napoli, Gabrielle Puglia, Jennifer Rey, William Sharrieff

THINKING OF STUDYING ABROAD? COME TO THE INFORMATION

ROUND TABLE

MEET THE STUDENTS WHO HAVE BEEN ABROAD
AND
HEAR ABOUT THEIR ADVENTURES

Monday, February 11, 2008

Alumni Room (Library)

4:00 p.m.



AN EXCHANGE PROGRAM FOR BUSINESS STUDENTS IN BARCELONA, SPAIN

Information will be provided at the Roundtable for the new exchange program between Manhattan College and La Salle University, Barcelona. This program is designed especially for students in the School of Business.



WELCOME HOME!

It is important to understand that your study abroad experience does not end when you board your return flight home. You will be amazed to find that there is a period of adjustment. These feelings are sometimes described as "reverse culture shock" or "re-entry shock." The following list entitled "*Top Ten Immediate Reentry Challenges*," by Dr. Bruce LaBrack, University of the Pacific, addresses some of what you may be experiencing as well as offering suggestions on how to cope with these feelings in a positive light. Dr. LaBrack's website, <http://www.pacific.edu/sis/culture/> offers additional, useful study abroad information.

BOREDOM

After all the newness and stimulation of your time abroad, a return to family, friends, and old routines (however nice and comforting) can seem very dull. It is natural to miss the excitement and challenges which characterize study in a foreign country, but it is up to you to find ways to overcome such negative reactions – remember: a bored person is also boring.

"NO ONE WANTS TO HEAR"

One thing you can count on upon your return: no one will be as interested in hearing about your adventures and triumphs as you will be in sharing those experiences. This is not a rejection of you or your achievements, but simply the fact that once they have heard the highlights, any further interest on your audiences' part is probably unlikely. Be realistic in your expectations of how fascinating your journey is going to be for everyone else. Be brief.

YOU CAN'T EXPLAIN

Even when given a chance to explain all the sights you saw and feelings you had while studying abroad, it is likely to be at least a bit frustrating to relay them coherently. It is very difficult to convey this kind of experience to people who do not have similar frames of reference or travel backgrounds, no matter how sympathetic they are as listeners. You can tell people about your trip, but you may fail to make them understand exactly how or why you felt a particular way. It's okay.

REVERSE "HOMESICKNESS"

Just as you probably missed home for a time after arriving overseas, it is just as natural to experience some reverse homesickness for the people, places, and things that you grew accustomed to as a student overseas. To an extent it can be reduced by writing letters, telephoning, and generally keeping in contact, but feelings of loss are an integral part of international sojourns and must be anticipated and accepted as a natural result of study abroad.

RELATIONSHIPS HAVE CHANGED

It is inevitable that when you return you will notice that some relationships with friends and family will have changed. Just as you have altered some of your ideas and attitudes while abroad, the people at home are likely to have experienced some changes. These changes may be positive or negative, but expecting that no change will have occurred is unrealistic. The best preparation is flexibility, openness, minimal preconceptions, and tempered optimism.

PEOPLE SEE "WRONG" CHANGES

Sometimes people may concentrate on small alterations in your behavior or ideas and seem threatened or upset by them. Others may ascribe "bad" traits to the influence of your time abroad. These incidents may be motivated by jealousy, fear, or feelings of superiority or inferiority. To avoid or minimize them it is necessary to monitor yourself and be aware of the reactions of those around you, especially in the first few weeks following your return. This phase normally passes quickly if you do nothing to confirm their stereotypes.

PEOPLE MISUNDERSTAND

A few people will misinterpret your words or actions in such a way that communication is difficult. For example, what you may have come to think of as humor (particularly sarcasm, banter, etc.) and ways to show affection or establish conversation may not be seen as wit, but aggression or "showing off." Conversely, a silence that was seen as simply polite overseas might be interpreted at home, incorrectly, as signaling agreement or opposition. New clothing styles or mannerisms may be viewed as provocative, inappropriate, or as an affectation. Continually using references to foreign places or sprinkling foreign language expressions or words into an English conversation is often considered boasting. Be aware of how you may look to others and how your behavior is likely to be interpreted.

FEELINGS OF ALIENATION

Sometimes the reality of being back "home" is not as natural or enjoyable as the place you had constructed as your mental image. When real daily life is less enjoyable or more demanding than you remembered, it is natural to feel some alienation. Many returnees develop "critical eyes", a tendency to see faults in the society you never noticed before. Some even become quite critical of everyone and everything for a time. This is no different than when you first left home. Mental comparisons are fine, but keep them to yourself until you regain both your cultural balance and a balanced perspective.

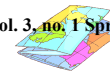
INABILITY TO APPLY NEW KNOWLEDGE AND SKILLS

Many returnees are frustrated by the lack of opportunity to apply newly gained social, technical, linguistic, and practical coping skills that appear to be unnecessary or irrelevant at home. To avoid ongoing annoyance: adjust to reality as necessary; change what is possible; be creative; be patient; and above all, use the cross-cultural adjustment skills you acquired abroad to assist your own reentry.

LOSS/COMPARTMENTALIZATION OF EXPERIENCE (SHOEBOXING)

Being home, coupled with the pressures of job, family and friends, often combine to make returnees worried that somehow they will "lose" the experience. Many fear that it will somehow become compartmentalized like souvenirs or photo albums kept in a box and only occasionally taken out and looked at. You do not have to let that happen: maintain your contacts abroad; seek out and talk to people who have had experiences similar to yours; practice your cross-cultural skills; continue language learning. Remember and honor both your hard work and the fun you had while abroad.

We are grateful to Dr. Bruce La Brack, School of International Studies, University of the Pacific, for permission to reprint this.



Scholarship and Award Announcements

IFSA-Butler Scholarship	IES Abroad Award	Arcadia Abroad Scholarship	Asia Pacific Foundation Award	
<i>Emily Sciandra</i>	<i>Madison Cahn</i>	<i>Carlee Cooper</i>	<i>Katie Watt</i>	<i>Kristen Meddaugh</i>
School of Arts Comm. & Gov't. Major Maynooth, Ireland	School of Business Finance Major Barcelona, Spain	School of Arts Government Major London, England	School of Arts Psychology Australia	School of Arts Comm & UrbanAffairs Australia

FUNDED/PAID STUDY ABROAD OPPORTUNITIES

An Academic Exchange Program

The Killiam Fellowships Program - Junior Year Abroad Award for Study in Canada
(<http://killiamfellowships.com>)

Teaching Abroad Opportunities

Grants for North American Language & Culture Assistants in Spain
(http://www.mec.es/exterior/usa/en/programs/us_assistants/default.shtml)

Assistantship Program in France

(<http://www.frenchculture.org/spip.php?article396>)

Japanese Exchange and Teaching Program - JET

(<http://www.us.emb-japan.go.jp/JETProgram/homepage.html>)

Scholarships, Fellowships and Grants Available in Your Country of Study

(<http://www.studyabroadfunding.org/index/html>)

Information thanks to Irene Snitkoff, Coordinator, Office of Post-Baccalaureate Studies
Irene.snitkoff@manhattan.edu

Manhattan College 2008 Summer Programs

- Spain** - Our semester program in Madrid has proven so successful with the students that we will now offer a four week summer program (**June 30-July 31**). Students can earn six credits; 3 cr. in Spanish and 3 cr. in Religious Studies. Price: \$4,250 includes airfare, tuition, course-related excursions, and on-site program directors.
- NEW**
- France** - Paris Program (**June 29-July 30**) offers students an opportunity to earn 6 credits; 3 cr. in French and 3 cr. in Art 402: Special Topics. Price: \$5,250 includes airfare, lodging, lunch and dinner on weekdays, program related excursions.
- Italy** - Florence Program (**May 27-June 28**) offers students the opportunity to earn 6 credits.
- 3 cr. Italian Language and 3 cr. Aspect of Italian Culture 216/316 or
 - 3 cr. Italian Language and 3 cr. English 392-Topics in Literature: Dante or
 - 3 cr. Italian Language and 3 cr. RLS 400:Special Topics.
- Price: \$5,250 includes airfare, lodging, lunch and dinner on weekdays, guided visits in Florence, 3 day stay in Rome.
- France** - Lyon Engineering Program (**June 8-July 22**) offers Engineering students an opportunity to earn 6 credits; 3 cr. in French and 3 cr. in an Engineering course. Price: \$3,850 includes airfare, tuition, lodging and program related excursions.
- France** - Lyon General Program (**June 8-July 8**) offers students an opportunity to earn 6 credits; 3 cr. in French and 3 cr. in a scientific research course. Price: \$3,850 includes airfare, tuition, lodging and program related excursions.

Study Abroad Website

http://www.manhattan.edu/academics/study_abroad/

MANHATTAN COLLEGE

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